| Case 3: | 0-cv-00406-AJB-WVG Document 162-5 F | iled 06/07/22 PageID.5871 Page 1 of 13 |
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| 18 | DARRYL DUNSMORE, ERNEST ARCHULETA, ANTHONY EDWARDS | Case No. 3:20-cv-00406-AJB-WVG |
| 19 20 | CHRISTOPHER NELSON, CHRISTOPHER NORWOOD, and LAURA ZOERNER, on behalf of | REPLY DECLARATION OF ROBERT L. COHEN, M.D. IN SUPPORT OF PLAINTIFFS' MOTIONS FOR PRELIMINARY |
| 21 | themselves and all others similarly situate Plaintiffs, | PROVISIONAL CLASS |
| 22 | V. | CERTIFICATION |
| 23 | SAN DIEGO COUNTY SHERIFF'S DEPARTMENT, COUNTY OF SAN | Judge: Hon. Anthony J. Battaglia |
| 24 | DIEGO, CORRECTIONAL HEALTHCARE PARTNERS, INC., | Date: August 11, 2022 Time: 2:00 p.m. |
| 25 | LIBERTY HEALTHCARE, INC., MID- AMERICA HEALTH, INC., LOGAN | Ctrm.: 4A |
| 26 27 | HAAK, M.D., INC., SAN DIEGO COUNTY PROBATION DEPARTMEN and DOES 1 to 20, inclusive, | Τ, |
| 28 | Defendants. | |
| | [3924911.8] | Case No. 3:20-cv-00406-AJB-WVG |
| | | M.D. IN SUPPORT OF PLAINTIFFS' MOTIONS FOR PROVISIONAL CLASS CERTIFICATION |
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| | [3924911.8] Case No. 3:20-cv-00406-AJB-WVG |
| | REPLY DECLARATION OF ROBERT L. COHEN, M.D. IN SUPPORT OF PLAINTIFFS' MOTIONS FOR PRELIMINARY INJUNCTION AND PROVISIONAL CLASS CERTIFICATION |
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I, Robert L. Cohen, M.D., declare: 1 2 1. I was retained by Plaintiffs' counsel to provide expert opinion concerning the adequacy of policies, procedures, and practices regarding treatment 3 of opioid withdrawal and prevention of overdose deaths at the San Diego County 4 5 Jail ("the Jail"). I make this reply declaration in support of Plaintiffs' Motions for Preliminary Injunction and Provisional Class Certification ("Plaintiffs' Motions"). 6 My education, training, and experience are detailed in the declaration I 7 2. completed approximately one month ago, which was filed on May 2, 2022. 8 9 Since I completed my previous declaration, I understand that 3. Defendants have filed an opposition to Plaintiffs' Motions, accompanied by various 10 11 supporting documents. I have been asked to review these materials and provide any supplemental opinions on the issues discussed in my previous declaration. 12 13 4. In addition to the documents I reviewed in connection with my previous declaration, I have reviewed the following additional materials: 14 Defendants County of San Diego and Correctional 15 a. Healthcare Partners, Inc.'s Opposition to Plaintiffs' Motions for Preliminary 16 Injunction and Provisional Class Certification [Dkt. 153] 17 18 Report of Andrew Hildreth, Ph.D. [Dkt 153-1, Ex. I] b. 19 Declaration of Peter J. Freedland [Dkt. No. 155] c. Declaration of Jon Montgomery [Dkt 153-10] 20 d. 21 Declaration of K. Bibel [Dkt. 153-4] e. Declaration of James Austin [Dkt. 119-6] 22 f. 23 Declaration of Justin Christiansen g. 24 h. Email from San Diego County Sheriff's Department entitled "New Intake Screening Processes," dated June 1, 2022 25 San Diego County Sheriff's Department, "Most Recent 26 i. 27 News Releases: In-Custody Death - George Bailey Detention Facility," 28 https://www.sdsheriff.gov/Home/Components/News/News/1190/514 Case No. 3:20-cv-00406-AJB-WVG [3924911.8] REPLY DECLARATION OF ROBERT L. COHEN, M.D. IN SUPPORT OF PLAINTIFFS' MOTIONS FOR PRELIMINARY INJUNCTION AND PROVISIONAL CLASS CERTIFICATION

| 1 | j. San Diego County Sheriff's Department, "Most Recent | |
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| 2 | News Releases: Death Investigation – George Bailey Detention Facility," | |
| 3 | https://www.sdsheriff.gov/Home/Components/News/News/432/514 | |
| 4 | k. NCCHC Foundation, <i>From the General Public to</i> | |
| 5 | America's Jails: MAT Saves Lives, <u>https://www.ncchc.org/wp-</u> | |
| 6 | content/uploads/From_the_General_Public_to_Americas_Jails | |
| 7 | <u>MAT_Saves_LivesIndivior.pdf</u> | |
| 8 | 1. Citizens' Law Enforcement Review Board, <i>Provide</i> | |
| 9 | Inmate Access to Naloxone (Narcan) to Inmates at San Diego County | |
| 10 | Detention Facilities, | |
| 11 | https://www.sandiegocounty.gov/content/dam/sdc/clerb/docs/2022- | |
| 12 | documents/05-2022/Att.H-PR%20to%20SDSD%20- | |
| 13 | %20Provide%20Inmate%20Access%20to%20Naloxone.pdf | |
| 14 | m. Kelly Davis, Civilian review board recommends jail | |
| 15 | inmates be given access to naloxone, SAN DIEGO UNION-TRIBUNE, May 11, | |
| 16 | 2022, https://www.sandiegouniontribune.com/news/watchdog/story/2022-05- | |
| 17 | <u>11/naloxone</u> . | |
| 18 | n. Alanna Smith, <i>Supervised drug consumption sites for</i> | |
| 19 | federal prison inmates to expand after success in Alberta's Drumheller | |
| 20 | Institution, The Globe and Mail, | |
| 21 | https://www.theglobeandmail.com/canada/alberta/article-at-least-two- | |
| 22 | additional-prisons-marked-for-overdose-prevention-sites/. | |
| 23 | 5. After reviewing these additional materials, I respond as follows to | |
| 24 | Defendants' pleadings. | |
| 25 | Defendants Have Not Presented Any Evidence that Changes My Opinion That the Risk of Drug Overdose Death In the Jail is High and Must Be Addressed | |
| 26 | the Risk of Drug Overdose Death in the Jan is flight and wrost De Addressed | |
| 27 | 6. Defendants appear to agree with my opinion that substance use and | |
| 28 | drug overdoses are significant problems that affect the population of the Jail. | |
| | [3924911.8]2Case No. 3:20-cv-00406-AJB-WVGREPLY DECLARATION OF ROBERT L. COHEN, M.D. IN SUPPORT OF PLAINTIFFS' MOTIONS FOR | |
| | PRELIMINARY INJUNCTION AND PROVISIONAL CLASS CERTIFICATION | |
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Montgomery Decl. ¶¶ 5-6. Instead of refuting this opinion, Defendants attempt to 1 2 make a comparison argument. Specifically, they argue that either the rate of 3 overdoses in the Jail is "consistent with[] outside conditions" or the Jail "is doing a better job of controlling overdose." Opp. at 17. This argument is hard to follow or 4 5 make sense of. Defendants do not cite a single piece of evidence for this proposition, nor do they even attempt to explain how they reached this conclusion. 6 7 They do not provide any numbers or calculations, nor any methodology. They also 8 fail to explain what they mean by the Jail "doing a better job" and as compared to 9 whom. Later in the same paragraph, Defendants cite Andrew Hildreth's report, but 10 Mr. Hildreth's analysis does not specifically address substance use, overdoses, or overdose deaths. 11

Defendants also argue that in forming my opinions, I failed to take into 12 7. 13 account turnover in the population of the Jail, which has a significant downward impact on suicide rates. Opp. at 17. This appears to be an incorrect summary of 14 their own evidence, as Mr. Hildreth's report states turnover contributes to a higher 15 16 suicide rate in the Jail. In any event, my declaration included only one refence to suicide when discussing the results of a study finding a marked reduction in rates of 17 18 unnatural deaths, including suicide *as well as overdose deaths*, for persons receiving medication-assisted treatment ("MAT"). Cohen Decl. ¶ 18. Based on my nearly 19 forty years of experience as a correctional health administrator and expert-20 21 including serving 17 years on the board of the National Commission of Correctional Health Care ("NCCHC")—I am well aware that frequent turnover occurs in jail 22 23 systems. This was one of many factors I considered when forming my opinions in 24 this case.

8. I have not performed an independent statistical analysis of rates of
overdose in the Jail, and was not retained for such purposes, but I have reviewed
evidence on this topic, including an independent study of in-custody deaths
completed in April 2022 by Analytica Consulting, which was conducted at the
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request of the San Diego County Citizens' Law Enforcement Review Board
 ("CLERB"). The Analytica Consulting study states that inmates in the Jail are two
 times more likely to die of overdose/accidental deaths than what is expected based
 on county mortality rates. Nothing in the evidence presented by Defendants
 changes my opinion that the risk of overdose deaths is high within the Jail.

6 9. I am aware that since I submitted my initial declaration in this case,
7 there have been two more deaths at the Jail, including one at the George Bailey
8 Detention Facility that appears likely to have been an opiate overdose. Two
9 individuals were found unresponsive in a cell. One was revived with the use of
10 Naloxone while the other died.

11 10. The information I have reviewed in this case suggests a causal
12 relationship between the Jail's inadequate policies and procedures regarding
13 treatment of those with substance use disorders and the extraordinarily high number
14 of overdose deaths in the Jail over the last several years. It is my opinion that the
15 relief Plaintiffs seek—implementation of a comprehensive MAT program and
16 expanded access to Naloxone for use by incarcerated people—would contribute to a
17 significant reduction in the number of overdose deaths in the Jail.

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Defendants Appear to Agree that the Jail Needs a Comprehensive MAT Program But Remain Vague About Implementation of Such a Program

20 11. Defendants appear to agree with my opinion that a comprehensive
21 MAT program would help address the risk of overdose deaths in the Jail. *See*22 Montgomery Decl. ¶ 11.

23 NCCHC released a white paper in December 2021, titled "From the 12. General Public to America's Jails: MAT Saves Lives," which advocated for the use 24 25 of MAT, including all three FDA-approved medications, in correctional settings. The paper stated that if "[i]f policymakers and health care providers are truly 26 interested in reducing recidivism, enhancing public safety, and promoting public 27 28 health by way of reduced overdose, overdose deaths, and spread of infectious Case No. 3:20-cv-00406-AJB-WVG [3924911 8] M.D. IN SUPPORT OF PLAINTIFFS' MOTIONS FOR REPLY DECLARATION OF ROBERT L. COHEN. PRELIMINARY INJUNCTION AND PROVISIONAL CLASS CERTIFICATION

disease, more deliberate movements need to be made in expanding [MAT] to people
 in jail and those being released." I agree with this statement.

3 13. I have reviewed the Declaration of Christopher Norwood and the portions of his medical records cited by Defendants. Opp. at 16. Defendants claim 4 5 Mr. Norwood is unreliable because his medical records do not reflect that he was receiving Suboxone prior to his incarceration. Mr. Norwood's medical records 6 demonstrate that physician staff at the facility believed that he used multiple 7 8 substances and prescribed for him medical withdrawal from alcohol and 9 benzodiazepines with a chlordiazepoxide taper regimen. They refused to treat his 10 opiate use disorder with a medically-based opiate detox regimen using effective therapy with methadone or buprenorphine as he requested. Instead they offered 11 treatment of the anticipated symptoms of opiate withdrawal-vomiting, nausea, 12 13 diarrhea, abdominal pain-rather than prevent them with a medically sound opiate withdrawal protocol. Defendants also state that although Mr. Norwood was denied 14 Suboxone, the Jail offered Vivitrol because it was determined to be an appropriate 15 treatment. The medical records show that the Jail did not offer Vivitrol to 16 Mr. Norwood until after he overdosed on fentanyl on July 17, 2021. If a 17 18 comprehensive MAT program had been functioning at the Jail, and Mr. Norwood 19 had been receiving treatment pursuant to such a program, Mr. Norwood would not 20 have had the cravings which characterize opiate use disorder, and likely would not 21 have experienced a potentially fatal opiate overdose.

22 Nothing in the evidence submitted by Defendants changes my opinion 14. 23 that the Jail currently lacks an adequate MAT program. Dr. Montgomery states that 24 the Jail provides "limited methadone for exceptional cases, such as to pregnant women who were addicted to heroin" and "are in custody at Las Colinas." 25 Montgomery Decl. ¶ 11. Dr. Freedland states that in the 20 months since 26 Correctional Healthcare Partners, Inc. ("CHP") contracted to provide medical 27 28 services in the Jail, they have only "maintained forty (40) to sixty (60) people on Case No. 3:20-cv-00406-AJB-WVG [3924911.8]

MAT therapies." Freedland Decl. ¶ 10. The use of the term "maintained" confirms
my reading of the Jail's policies regarding MAT, in that it is available only to people
already receiving methadone treatment from a pre-approved outpatient clinic, or
pregnant people. *See* Cohen Decl. ¶ 23. Moreover, given that the Jail's daily
population is in the thousands, Defendants' admission that they provide MAT to so
few people demonstrates that the Jail's policies and practices regarding MAT are
woefully inadequate.

8 15. Defendants' opposition brief claims that a comprehensive MAT program "is being implemented within the next two weeks" under a new contract 9 10 with Naphcare, Inc. In support of this claim, Defendants cite the declarations of Drs. Montgomery and Freedland. Neither of these declarations, however, lends 11 support to this timeline. Instead, the evidence submitted by Defendants is vague as 12 13 to when the Jail will implement an MAT program. Additionally, the scope of counseling and therapy and the eligibility criteria are not fully fleshed out. It is not 14 15 clear that Defendants' alleged MAT program will indeed be available to all 16 individuals for whom it is clinically appropriate at all facilities. Dr. Montgomery states that the Jail is "hoping to be active partners" with MAT providers to offer 17 "continuing medications, counseling[,] and treatment" "in the near future." 18 Montgomery Decl. ¶ 11. He also states that he is "not clear on the specific 19 timeline." Id. Dr. Freedland appears to try to focus blame for the inadequacy of the 20 21 Jail's MAT program on the County, stating that CHP has additional capacity to 22 enroll individuals in MAT "at the County's discretion" and "subject to approval by 23 the Sheriff's Department" and others. Freedland Decl. ¶ 10.

24 16. The assertion that Defendants are planning to implement a MAT 25 program is consistent with my recommendation, but the details of such a program 26 are critical to ensure its success, and the details are still missing. In particular, the timing of full program implementation is critically important because the longer the 27 28 Jail fails to offer MAT, the more likely it will see preventable overdose deaths. Case No. 3:20-cv-00406-AJB-WVG [3924911.8] M.D. IN SUPPORT OF PL REPLY DECLARATION OF ROBERT L. COHEN, MOTIONS FOR

PRELIMINARY INJUNCTION AND PROVISIONAL CLASS CERTIFICATION

Defendants Appear to Agree that the Jail Should Expand Access to Naloxone for Incarcerated People But Do Not Commit to Implementation

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3 17. Defendants appear to agree with my opinion that Naloxone is safe, effective, and should be available for use by incarcerated people in the Jail in order 4 5 to reduce the number of preventable overdose deaths. See Montgomery Decl. ¶¶ 6, 12. I am aware that CLERB has also recommended that the Jail make Naloxone 6 7 readily available to incarcerated people and educate incarcerated people on its use. 8 Defendants, however, do not commit to making this potentially life-saving change in policy, or to doing so in any specific timeframe. Dr. Montgomery states in his 9 10 declaration that the Sheriff's Department "is taking active steps to consider direct 11 availability of Naloxone (Narcan) to patients in the housing units" and is "taking 12 definitive steps toward putting Naloxone (Narcan) in the housing units, accessible directly to incarcerated persons." Id. It is not at all clear whether this change is 13 being considered or implemented, and if the latter, when and how implementation 14 will take place. 15

18. 16 I have reviewed the Declaration of Justin Christiansen, which describes the events leading up to the death of Jerry Aleman. I have also reviewed the 17 18 Sheriff's Department's June 10, 2021 news release regarding Mr. Aleman's death, which indicates Mr. Aleman had fentanyl in his system when he died. 19 Mr. Aleman's death appears to present a textbook example of how making 20 21 Naloxone available for use by incarcerated people could prevent overdose deaths in 22 the Jail. The evidence I have reviewed indicates other incarcerated people were 23 present at the time or immediately after Mr. Aleman collapsed, while deputies and 24 medical staff were not, and that these incarcerated people wanted to and tried to come to Mr. Aleman's aid. Timely and proper administration of Naloxone by one 25 of them might have saved Mr. Aleman's life. 26

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1 2

The Evidence Presented by Defendants About Changes They Have or Will Make to Prevent Overdoses Do Not Change My Opinion that the Relief Plaintiffs Seek is Necessary and Appropriate

Dr. Montgomery states that Defendants' new process for "drug testing 3 19. by urinalysis upon arrival" is a "success" based on just 48 hours' worth of evidence. 4 5 Montgomery Decl. ¶ 7. During this brief period of time, the Jail apparently identified "at least 10 individuals" with drugs in their systems who did not disclose 6 or were unaware of this fact. Id. This is an extremely limited dataset. Many other 7 8 relevant questions about this 48-hour period remain unanswered, including: what drugs were identified through the tests and what treatment was provided or denied 9 based on the urine toxicology results. One would need answers to these questions in 10 order to properly evaluate this new process, and a much longer timeframe than two 11 days. In addition, Dr. Montgomery claims the Jail obtains the results of these tests 12 13 within 12 hours, *id.* ¶ 5, however, timing of test results is not addressed in the written policies. The Jail's policies should discuss the timeframe to receive results 14 and the protocol that should be followed if elements of the testing system break 15 down. The Jail's policies should make clear that if results are not returned within 12 16 hours, there should not be a delay in treatment of opioid or substance use 17 withdrawal. 18

19 20. Dr. Montgomery also states that the Jail's new testing process will 20 "provide knowledge of illicit substances," which in turn will "eliminate deaths from withdrawal and are expected to have some effect on reducing the number of 21 22 overdoses." Id. \P 5. Even assuming the testing process is perfectly accurate in 23 identifying individuals under the influence of illicit substances at intake, deaths from withdrawal will not be "eliminated" without careful management of individuals' 24 withdrawal symptoms, which are often complex, particularly for those under the 25 influence of opiates and alcohols. 26

27 21. Treating opiate withdrawal appropriately with physician-supervised
 28 buprenorphine or methadone is clinically appropriate, effective, and may prevent
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deaths from opiate withdrawal. But after treatment of opiate withdrawal, cravings
 return, because opiate use disorder is a chronic relapsing condition. Incarcerated
 persons who have this disease and are not receiving MAT are at great risk for fatal
 overdose in a facility where drugs are readily available, like the Jail. In other words,
 treating withdrawal without initiating MAT will not meaningfully decrease the
 number of overdose deaths in the Jail.

7 22. No comprehensive MAT program for maintenance and induction of 8 opioid use disorder has been established at the Jail. The declarations of 9 Drs. Montgomery and Freedland indicate that this program is still aspirational. No 10 published timetable for implementation exists. The "Medically Supervised Withdrawal and Treatment" policy (MSD.A.3), initiated on May 11, 2022, is an 11 improvement over past practice because it allows for an advanced clinical provider 12 13 to supervise buprenorphine tapered withdrawal for persons with opiate use disorder. See Montgomery Decl., Ex. A. But unfortunately, and dangerously, the protocol 14 does not mention MAT except for the section on treatment of opioid use disorder in 15 pregnancy, a policy already in effect. 16

17 23. MSD.A.3 appears to be the *only* new written policy submitted by 18 Defendants related to the overdose problem in the Jail, even after "two solid years of 19 effort" in planning with Naphcare to address policies and practices affecting patient health. See Montgomery Decl. ¶ 3. Based on my nearly forty years of experience as 20 21 a correctional health administrator and expert, including at many large, metropolitan 22 jails, it is critical for the Jail to have written policies and procedures that include 23 clear and detailed instructions for implementation and address quality improvement 24 processes. The Jail's vague, undefined proposals to address overdose deaths in the 25 Jail fall short of the robust, written, and enforceable policies and procedures that in my experience are needed to affect meaningful change. 26

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24. Defendants argue that I failed to investigate or take into account a "newly implemented health system" that "will provide more immediate services to Case No. 3:20-cv-00406-AJB-WVG

overdose victims." Opp. at 17. It is not clear what Defendants mean by this,
 especially given that the only new policy that Defendants appear to have drafted,
 MSD.A.3, was issued on May 11, 2022—after my declaration was filed in
 connection with Plaintiffs' Motion.

5 25. Overdose deaths in the Jail must be understood largely as attributable to 6 the Jail. They occur because Jail officials allow significant quantities of drugs to 7 enter the jail. They are jail attributable because many would be prevented if 8 incarcerated persons had access to MAT. They are jail attributable because opiate 9 overdose is treatable by Naloxone, and Naloxone is not readily available to treat an 10 overdose.

11

Defendants Misconstrue My Other Opinions

Defendants argue that I failed to "indicate any method of counteracting 12 26. illicit drugs being smuggled into the Jail." Opp. at 17. I was not retained to provide 13 14 an opinion on this issue, but rather, was retained to provide my opinion concerning 15 the adequacy of policies, procedures, and practices regarding prevention of overdose 16 deaths at the Jail through medical interventions. It is notable, however, that 17 Defendants' "new plans" do not include any new efforts to reduce drug contraband brought into the Jail by correctional staff. Dr. James Austin provided a declaration 18 on this topic, but Defendants appear not to engage with his suggestions, including to 19 20 have body scanners used on all people entering the Jail facilities, including staff, 21 visitors, and contractors.

22 Defendants point out that I have not had the opportunity to inspect the 27.Jail or conduct interviews of staff or incarcerated people. Opp. at 17. I stated as 23 24 much in my initial declaration to emphasize that I likely could identify additional 25 steps the Jail should consider to reduce the high rate of overdose deaths if Defendants provided me with access to additional information. Cohen Decl. ¶ 8, 26 42. I was, however, able to confidently form opinions regarding certain elements of 27 28 the medical care system at the Jail as it relates to drug overdoses. Id. ¶ 8. Those Case No. 3:20-cv-00406-AJB-WVG [3924911.8] REPLY DECLARATION OF ROBERT L. COHEN, M.D. IN SUPPORT OF PLAINTIFFS' MOTIONS FOR PRELIMINARY INJUNCTION AND PROVISIONAL CLASS CERTIFICATION

opinions are based on my nearly forty years of experience as a correctional health
administrator and expert, as well as relevant information I was provided regarding
the Jail, including policies and procedures, statements from Jail officials, and
declarations from incarcerated people. I would like to inspect the Jail and conduct
interviews of staff and incarcerated people as part of this process; however, I am
informed that Defendants have refused Plaintiffs' requests to allow retained experts
or neutral experts to inspect the Jail.

8 I declare under penalty of perjury under the laws of the United States and the 9 State of California that the foregoing is true and correct, and that this declaration is 10 executed at $\underline{New} \times \underline{Ny}$ this $\underline{7}$ day of June, 2022.

Robert L. Cohen, M.D. Case No. 3:20-cv-00406-AJB-WVG [3924911.8] REPLY DECLARATION OF ROBERT L. COHEN, M.D. IN SUPPORT OF PLAINTIFFS' MOTIONS FOR PRELIMINARY INJUNCTION AND PROVISIONAL CLASS CERTIFICATION