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17	SOUTHERN DISTRICT OF CALIFORNIA	
18	DARRYL DUNSMORE, ERNEST	Case No. 3:20-cv-00406-AJB-WVG
19	ARCHULETA, ANTHONY EDWARDS, REANNA LEVY, JOSUE LOPEZ,	DECLARATION OF ANTHONY
20	CHRISTOPHER NELSON, CHRISTOPHER NORWOOD, and	RAY EDWARDS IN SUPPORT OF PLAINTIFFS' MOTIONS
21	LAURA ZOERNER, on behalf of themselves and all others similarly situated,	FOR PRELIMINARY INJUNCTION AND
22	Plaintiffs,	PROVISIONAL CLASS CERTIFICATION
23	v. SAN DIEGO COUNTY SHERIFF'S	Judge: Hon. Anthony J. Battaglia
24	DEPARTMENT, COUNTY OF SAN DIEGO, CORRECTIONAL	Trial Date: None Set
25	HEALTHCARE PARTNERS, INC., LIBERTY HEALTHCARE, INC., MID-	
26	AMERICA HEALTH, INC., LOGAN HAAK, M.D., INC., SAN DIEGO	
27	COUNTY PROBATION DEPARTMENT, and DOES 1 to 20, inclusive,	
28	Defendants.	
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DECLARATION OF ANTHONY RAY EDWARDS IN SUPPORT OF PLAINTIFFS' MOTIONS FOR PRELIMINARY INJUNCTION AND PROVISIONAL CLASS CERTIFICATION

Case No. 3:20-cv-00406-AJB-WVG

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## **DECLARATION OF ANTHONY RAY EDWARDS**

- I, Anthony Ray Edwards, declare:
- 1. I have personal knowledge of the matters set forth herein, and if called as a witness, I could and would competently so testify.
- 2. I have been incarcerated at the San Diego County Jail ("the Jail") since July 2, 2019. I am currently housed at George Bailey Detention Facility in the Medical Observation Bed unit. My booking number is 19741120. I am 48 years old.
- 3. Since December 2011, I have been incarcerated in the Jail eight times. Depending on the outcome of my criminal case, I may be transferred to the custody of the California Department of Corrections and Rehabilitation ("CDCR"). While in CDCR custody, I would return to the Jail for any out-to-court proceedings related to my underlying conviction, or if I am asked to testify in this case. If I were released from CDCR on state parole, I would be sent back to San Diego County. On parole, I could be arrested and housed in the Jail for allegedly violating the terms and conditions of parole, whether or not the alleged violation is a violation of a criminal law. I am concerned that, if I were sent back to the Jail, I would experience serious problems similar to those I currently experience.
- 4. I suffer from severe sleep apnea. I was diagnosed with sleeping problems from a very young age. I require a CPAP machine to help me breathe at night. I also have glaucoma and cataracts in my left eye, causing blurry vision and floaters. While in Jail, I have become prediabetic and am given insulin. I have developed diabetes and have retinopathy in my eyes, causing blurry vision and floaters.
- 5. I have mental health disabilities. I suffer from depression. I take medication, including Prozac and Remeron, to treat my depression. I also have been

diagnosed with attention deficit hyperactivity disorder ("ADHD") and posttraumatic stress disorder ("PTSD"). I access mental health services in the Jail.

- 6. In my experience, the Jail is an unsafe place for incarcerated people with medical issues. When I first booked into the Jail on July 2, 2019, I informed booking staff that I had sleep apnea and use a CPAP machine outside of Jail. Attached hereto as **Exhibit A** is a true and correct copy of notes from my Jail intake screening showing that I informed the intake nurse of my sleep apnea and need for a CPAP machine. Attached hereto as **Exhibit B** is a true and correct copy of a nurse's encounter note from July 16, 2019 indicating that during a prior detention at the Jail in 2012, I used a CPAP machine. I had first received a CPAP machine around June or July 2008. I believe I got that CPAP machine from Sleep Data in San Diego.
- 7. For more than two years, the Jail did not give me a CPAP machine. Many times during those two years, I would wake up gasping for air. Sometimes, my cellmates would have to wake me up in the middle of the night. They would kick my bunk if I was snoring loudly or struggling to breathe. It caused issues with my cellmates and they wanted to move out to get away from me. I was unable to get a full night's sleep the entire time I was without my CPAP. I often woke up with terrible chest pains and a racing heart. The pain was so bad that it sometimes felt like I was having mini heart attacks. Without consistent sleep, I had constant migraines, dizziness, fatigue, and confusion for two years.
- 8. In July and August 2019, medical staff requested my other medical records, but told me that they did not find could not find a history of me having sleep apnea or a CPAP machine. I was confused by this, because I believed there was a record of this. Attached hereto as **Exhibit C** is a true and correct copy of a 2017 progress note from Sharp Memorial Hospital, found in my Jail medical records, which notes my history of sleep apnea. Because the Jail could not locate relevant records, staff told me I would be referred for a sleep study to reevaluate me.

- 9. Attached hereto as **Exhibit D** are true and correct copies of sick call requests I submitted in late August 2019 and early September 2019 asking for a "CPAP sleep test." In these sick call requests, I described my severe breathing problems at night. In one response, a nurse wrote that the Jail first needed to monitor my oxygen in the Medical Observation Bed ("MOB") unit prior to any sleep study. However, "unfortunately we don't have any open room/vacancy in MOB," the nurse wrote, and I was on a wait list. On September 6, I was admitted to the MOB and on September 7, 2019, medical staff performed a study monitoring my oxygen, two months after I began requesting help for my sleep apnea. Jail medical staff still did not perform a full sleep apnea test or refer me to anyone that could.
- 10. I continued to file grievances about needing a CPAP. I estimate I have filed over ten grievances and sick call requests in the past two years asking the Jail to do a sleep study and give me a CPAP machine. Attached hereto as **Exhibit E** is a true and correct copy of a sick call request dated February 10, 2020 and the Jail's response. In the request, I stated "I'm having bad episodes, when I sleep I stop breathing. I wake up clenching my heart ... Need CPAP." The response only said that I had a pending appointment with nursing staff. I was not seen by medical staff until March 3, 2020. During that appointment, I asked about an overnight sleep study, and the medical staff member asked me to sign another release of information to obtain my medical records.
- 11. That same day, I filed a grievance. A true and correct copy of this March 3, 2020 grievance is attached hereto as **Exhibit F**. In the grievance, I wrote "I have been here going on I year [and] I have been asking to get a CPAP and still none." The Jail did not respond to that grievance for an entire month, until April 4, to say that I was "on the list for pending C-PAP study." I was frustrated by this response, as I had already been waiting months for a sleep study.

- 13. On August 28, 2020, more than a year after my booking at the Jail, the Sheriff's Department finally referred me to an outside provider for a sleep study. Attached hereto as **Exhibit H** is a true and correct copy from my Jail medical file of the results of that sleep study from Sleep Data Diagnostics, Inc. The study confirmed that I have obstructive sleep apnea and recommended a CPAP as the most effective way to treat my condition. But the Jail still did not give me a CPAP machine for many months.
- 14. I continued to file sick call requests for a CPAP machine. The Jail did not respond to many of these requests. I finally received a CPAP machine on August 27, 2021, as reflected in the excerpt from my Jail medica records attached hereto as **Exhibit I**. I got my machine an entire year after the sleep study was done and over two years after I was first booked in to the Jail.
- 15. During those years, I struggled to breathe at night, waking up with chest pains and a racing heart. My symptoms got so bad that I was afraid to fall asleep. It was terrifying to think that I could have died in my sleep because I could not breathe. I now experience short-term memory loss, which I did not have when I

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entered the Jail, and that I think could have been caused from not having my CPAP machine. I have trouble remembering names and other details shortly after learning them from someone. I believe all of the pain and suffering I endured for two years could have been avoided if staff had listened to my complaints, conducted a sleep study sooner, and then quickly given me a CPAP.

- 16. I also have experienced problems receiving other medical treatment. In late June 2021, a physician at an outside hospital recommended eye surgery to treat cataracts in his left eye. The Jail refused to cover the costs of my surgery, but failed to inform me that I would not receive cataract surgery while incarcerated until September 4, 2021, as reflected in the excerpts from my Jail medical file attached as **Exhibit J**. I had to wait and wait just to get bad news. Now I have to wait until I leave the Jail to get surgery, but I have been here for almost three years now. By the point I am out, my cataracts and other eye problems may be worse. I still experience eye pain and headaches, especially when the light is in my eyes, and my vision continues to worsen.
- 17. In addition, I have not been able to get a new prescription for my glasses. The glasses I have right now are an old prescription and do not allow me to see as well. I have been asking for new glasses since 2021. In October 2021, I was scheduled to see an eye specialist about my vision problems and need for new glasses. At the time, I was experiencing serious back pain due to a recent injury. I could not walk more than 15 steps without assistance. I had asked the Jail to give me a cane or other assistive device, but I did not receive it in time. I told deputies that I needed a wheelchair to go to the appointment, because the appointment was at Central Jail and required me to walk a longer distance to the transport bus, but I was not provided a wheelchair or other assistance. I was not able to go to the appointment and to my knowledge, have not been rescheduled to see the eye specialist. Attached hereto as **Exhibit K** is a true and correct copy of excerpts from

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my Jail medical file marking a "refusal" to go to my eye specialist appointment in October 2021. I received my cane shortly after that incident.

- 18. Delays in receiving medical or mental health care, or even receiving responses to requests for medical or mental health care, are not uncommon at the Jail. Attached hereto as **Exhibit L** are true and correct copies of sick call requests from my Jail medical records showing that after I submitted requests, I get a response a few days later saying that I was scheduled to see the nurse. I usually do not see the nurse for one or two weeks after my request. The nurse will then schedule me to see a Jail physician or nurse practitioner for further evaluation, which happens in one or two weeks. Causing an additional one or two week wait to speak with a doctor. These delays also affect mental health care. Attached hereto as **Exhibit M** are true and correct excerpts from my Jail medical records showing that I filed a sick call request about changing my psychiatric medications on July 5, 2021, but I did not see a doctor about this issue until July 30, 2021.
- 19. The dental care at the Jail is inadequate. I have severe pain in my lower left molar, which can sometimes reach a pain level of 8 out of 10. It started in 2021. I have decided to manage the pain because the Jail dentist will not provide any treatment other than tooth extraction. I know this from experience. On or around November 2020, I started to have pain in my right molar. When I was able to see the dentist, they extracted it and did not offer other treatment. I do not want to lose another tooth, so I am forced to endure the pain in my lower left molar until I am out of the Jail. I was taking Tylenol for the pain for some time, but I stopped taking it because I do not want to take it daily and risk kidney problems. During my two and half years detained at the Jail, I have never received a regular dental examination, dental cleaning, or treatment options other than extraction, such as a filling.

- 20. I have not received adequate mental health care at the Jail to treat my depression. Since the psychologist I met with for wellness checks and general counseling retired around July 2021, my mental health has gotten worse. I have seen lots of turnover among the mental health staff at the Jail. The turnover means that I do not have a regular clinician with whom I am familiar. Instead, I often have to recount all of my emotions and trauma to a new clinician. It is difficult to make progress in managing my depression because I have to build up trust again with someone new. Many of my appointments with mental health staff are only a few minutes long. Recently, a clinician told me that she did not have much time to see me because she had lots of other people to see. I knew right then I would not have time to talk about what I wanted because she did not have time to listen, even though I have been having high anxiety and flashbacks. I also meet with clinicians with a deputy just outside the meeting room. I can hear what is being said outside that meeting room, so I believe the deputy can hear what we are talking about inside.
- 21. The Jail has also limited my ability to speak with my attorneys. Usually, custody staff will inform an incarcerated person that their attorney has called and requested a call back. The incarcerated person will be allowed to leave his cell and place a return call to the attorneys. In early December, I received a letter from my attorneys dated December 1, 2021 asking if I had received any call back requests. I was confused. I called my attorneys on December 10, 2021 and explained that custody staff never notified me of any call requests. My attorneys have informed me and I understand that they have placed at least five professional callback requests that were confirmed by Jail staff. They informed me that they placed requests for me on October 26, October 29, November 2, November 15, and November 30, 2021. I never received notice of any of these calls.

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I agreed to be a class representative in this case because I want to help 1 22. improve the medical, dental, and mental health care at the Jail, ensure that incarcerated people with disabilities are accommodated and treated fairly, and help 3 4 make the Jail safe and secure for all incarcerated people. I have been cooperating fully with my counsel and am responding to all requests for information to the best 5 of my ability and recollection, and will continue to do so in the future. My lawyers 6 keep me updated on the progress of this case, and I will review all materials 7 provided to me and provide my input to the best of my ability. When I have 8 questions about the case, I will ask the attorneys for help to understand everything to 9 10 the best of my ability. I declare under penalty of perjury under the laws of California and the 11 United States of America that the foregoing is true and correct, and that this 12 , California this 10<sup>th</sup>day of March, 2022. declaration is executed at Sandies 13 14 15 Anthony Ray Edwards 16 17 18 19 20 21 22 23 24 25 26 27 28

## EXHIBITS A-M

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