

1 DONALD SPECTER – 083925  
STEVEN FAMA – 099641  
2 MARGOT MENDELSON – 268583  
PRISON LAW OFFICE  
3 1917 Fifth Street  
Berkeley, California 94710-1916  
4 Telephone: (510) 280-2621

MICHAEL W. BIEN – 096891  
JEFFREY L. BORNSTEIN – 099358  
ERNEST GALVAN – 196065  
THOMAS NOLAN – 169692  
LISA ELLS – 243657  
JENNY S. YELIN – 273601  
MICHAEL S. NUNEZ – 280535  
JESSICA WINTER – 294237  
MARC J. SHINN-KRANTZ – 312968  
CARA E. TRAPANI – 313411  
ALEXANDER GOURSE – 321631  
ROSEN BIEN  
GALVAN & GRUNFELD LLP  
101 Mission Street, Sixth Floor  
San Francisco, California 94105-1738  
Telephone: (415) 433-6830

9 Attorneys for Plaintiffs

11 UNITED STATES DISTRICT COURT  
12 EASTERN DISTRICT OF CALIFORNIA

14 RALPH COLEMAN, et al.,  
15 Plaintiffs,  
16 v.  
17 GAVIN NEWSOM, et al.,  
18 Defendants.

Case No. 2:90-CV-00520-KJM-DB

**DECLARATION OF MARC STERN,  
M.D. IN SUPPORT OF PLAINTIFFS’  
MOTION**

Judge: Hon. Kimberly J. Mueller



1 age with underlying health problems such as – but not limited to – weakened immune  
2 systems, hypertension, diabetes, blood, lung, kidney, heart, and liver disease, and possibly  
3 pregnancy.

4 5. Vulnerable people who are infected by the COVID-19 virus can experience  
5 severe respiratory illness, as well as damage to other major organs, and death. Treatment  
6 for serious cases of COVID-19 requires significant advanced support, including ventilator  
7 assistance for respiration and intensive care support.

8 **CONDITIONS IN CDCR FACILITIES**

9 6. The California Department of Corrections houses over 116,000 people in  
10 facilities built for 89,663. Incarcerated people live in congregate living facilities, with  
11 more than a third living in open and crowded dormitories. I have reviewed the Weekly  
12 Population Report posted on the website of the CDCR at  
13 [https://www.cdcr.ca.gov/research/wp-](https://www.cdcr.ca.gov/research/wp-content/uploads/sites/174/2020/03/Tpop1d200318.pdf)  
14 [content/uploads/sites/174/2020/03/Tpop1d200318.pdf](https://www.cdcr.ca.gov/research/wp-content/uploads/sites/174/2020/03/Tpop1d200318.pdf). This report shows that the  
15 California state prisons remain at 130% of capacity. Among the 35 state prisons, all but  
16 four are over 100% capacity, and 19 are at or over 130% of design capacity, with eight  
17 over 150% capacity. Among the four which are below capacity, their occupancies are still  
18 high, from a public health standpoint: 90.9%, 96.2%, 97.3%, and 99.7%.

19 7. The living units at many of these prisons are clearly too crowded. I have  
20 reviewed photographs taken in 2019 and provided to me by plaintiffs' counsel of living  
21 areas and day rooms in four prisons: Central California Women's Facility, California  
22 Institution for Men, California Medical Facility, and the Substance Abuse Treatment  
23 Facility at Corcoran. I also reviewed a CDCR Institutional Bed Audit dated March 23,  
24 2020 that shows that many of the CDCR dormitories are very crowded. For example, at  
25 Avenal State Prison, all people are housed in dormitories designed to house 50-100 people.  
26 Most of those dormitories are currently at 150% capacity. At the Central California  
27 Women's Facility, some of the dormitories are as much as 194% overcrowded.

28

1           8.       The level of crowding in the California state prisons, as evidenced by the  
2 population reports, the Institutional Bed Audit and the photographs I reviewed, is very  
3 significant and dangerous from a public health standpoint. These crowded conditions,  
4 particularly in the dormitories, make it virtually impossible to maintain physical distance  
5 from others, as recommended by the U.S. Centers for Disease Control and Prevention.

6           9.       In addition to the lack of space, the dormitories that I personally viewed, and  
7 have viewed through photographs, are laid in such a way that requires their occupants to  
8 touch shared surfaces such as sinks, faucets, toilet flushers, and door handles.

9           10.      I have also reviewed the California Receiver’s Statewide Dashboards that  
10 report various health care metrics for the state’s prisons. According to the most recent  
11 dashboard posted at [cchcs.ca.gov/wp-content/uploads/sites/60/QM/Public-Dashboard-](https://cchcs.ca.gov/wp-content/uploads/sites/60/QM/Public-Dashboard-2019-10.pdf)  
12 [2019-10.pdf](https://cchcs.ca.gov/wp-content/uploads/sites/60/QM/Public-Dashboard-2019-10.pdf), 14.7% of the people in the state prisons, i.e., over 17,000 people, are  
13 classified as medically “high risk.” According to the CCHCS Health Care Department  
14 Operations Manual, patients are classified as “high risk” if they suffer from serious health  
15 conditions that require case management.<sup>1</sup> The health conditions CCHCS uses to

---

16  
17 <sup>1</sup> According to the CCHCS Health Care Department Operations Manual 1.2.14, Appx. 1,  
18 section (c)(3)(c), people are classified in the CDCR as “high risk” if they have the  
19 following conditions: “Chronic care of complicated, unstable, or poorly-controlled  
20 common conditions (e.g., asthma with history of intubation for exacerbations,  
21 uncompensated end-stage liver disease, hypertension with end-organ damage, diabetes  
22 with amputation). Chronic care of complex, unusual, or high risk conditions (e.g., cancer  
23 under treatment or metastatic, coronary artery disease with prior infarction). Implanted  
24 defibrillator or pacemaker. High risk medications (e.g., chemotherapy, immune  
25 suppressants, Factor 8 or 7, anticoagulants other than aspirin). Transportation over a  
26 several day period would pose a health risk, such as hypercoagulable state. Case  
27 management is required.”  
28

1 designate patients as “high risk” are almost identical to those used by the U.S. Centers for  
2 Disease Control and Prevention to determine who is at elevated risk for complications  
3 from COVID-19 infection.

4 11. California’s crowded prisons house thousands of people who are at high risk  
5 for serious health consequences if they are infected with COVID-19. An outbreak of  
6 COVID-19 in any prison where community health resources are already stressed by  
7 COVID-19 will put significant pressure on or exceed the capacity of local health  
8 infrastructure. To the extent that the health care infrastructure is overloaded, incarcerated  
9 people and local people from the community will die unnecessarily because necessary  
10 respirators and hospital facilities are unavailable.

11 12. Based on the crowded conditions, coupled with the increased concentration  
12 of people with high risk of complications, including death, from COVID-19, incarcerated  
13 people in California state prisons are at an extraordinary risk of dying from the COVID-19  
14 virus.

15 **MITIGATION MEASURES**

16 13. To mitigate the impact of this pandemic in the prisons, the CDCR must  
17 identify those people who are at highest risk for severe complications from the virus and  
18 ensure that they are safely situated, either by releasing them or ensuring that they are safely  
19 housed where they can best practice physical distancing and otherwise reduce the  
20 opportunities for infection to the extent possible. This will reduce the number of people  
21 who are likely to become seriously ill should they become infected and require treatment at  
22 the community hospital.

23 14. I further recommend taking immediate and concerted efforts to downsize the  
24 population to the lowest number possible at each prison, and particularly those with  
25 crowded dormitories. This process should prioritize rehousing outside the prison system,  
26 or releasing those who are elderly or have underlying medical conditions defined by the  
27 CDC and can safely be released consistent with public safety. This process will permit  
28 greater flexibility when prisons have outbreaks and require space to isolate and/or

1 quarantine people. This will also permit those people remaining in prison to have greater  
2 opportunities to physically distance themselves, in keeping with the CDC Guidelines.

3 15. In addition to recommending every effort towards immediate downsizing, I  
4 also recommend that the prisons begin planning now to downsize further as conditions  
5 change. The change in conditions we need to anticipate is reduction in workforce (custody  
6 and health care staff) as workers respond to their personal needs (self-quarantine or  
7 isolation, caring for ill relatives, staying home with school-age children). Insufficient  
8 custody staffing poses an obvious risk to the safety of the institution. Insufficient health  
9 care staffing poses an obvious risk to the health of residents.

10 16. Taking immediate and concerted efforts to implement preventive steps as  
11 well as reducing the population to the lowest number possible to avoid infection benefits  
12 the incarcerated population, the staff and the community. Priority should be given to those  
13 who are elderly or have underlying medical conditions defined by the CDC. These  
14 measures will increase public safety via reducing public health risk.

15 Pursuant to 28 U.S.C. 1746, I declare under penalty of perjury that the foregoing is  
16 true and correct. Executed this 8th day in April, 2020 in Tumwater, Washington.

17  
18 

19 \_\_\_\_\_  
20 Marc Stern, M.D.